

WELCOME SPEECH IN PORTUGIS, MANDARIN, KOREA AND JEPAN LANGUAGES



Youtube Link: <https://www.youtube.com/watch?v=E7svKHBNPzk&t=87s>

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PREFACE



On behalf of the entire faculty and staff at the International Quesadhip Ruak School, I extend a warm welcome to you. This yearbook is more than just a collection of photographs; it's a cherished chronicle of our school community's vibrant spirit and remarkable achievements throughout the academic year.

Within these pages, you will find a tapestry of memories – the laughter shared during classroom discussions, the thrill of athletic victories, the pride of artistic endeavors, and the camaraderie forged through countless extracurricular activities. These moments, big and small, define our school's unique character and contribute to the holistic growth of our students.

This yearbook serves as a testament to the incredible growth and development of our students – academically, socially, and emotionally. It showcases their talents, their perseverance, and their unwavering dedication to excellence.

I encourage you to savor each page of this yearbook. Let it transport you back to cherished memories and inspire you to continue striving for your personal best. This book will serve as a lasting reminder of your time at the International Quesadhip Ruak School – a legacy to cherish and share with future generations.

I would also like to thank H.E. Taur Matan Ruak for the trust he has placed in us, the new generation participating in the IQRS structure, especially those who have the desire to sacrifice their knowledge and time to participate in the development of quality education and sustainability in Timor-Leste. We will keep this trust and prove it through our action plan as witnessed by the students and their parents in the 1st Graduation 2024 and the people of Timor-Leste in general through social media, especially news on TVTL and STL News.

Moreover, for the RUAK Education Conceptor Team, Ms. Astrita K.R. Mijuk, S.Pd, Former Governor of the Central Bank of Timor-Leste, Abraão de Vasconcelos, Ex President's Advisor, Dr. Jose Fernando Real and Executive Director of Elisa Ministry Global, Ev. Elisayanti Jozef, thank you for your contributions, including your valuable ideas and insightful guidance, have been instrumental in the success of International Quesadhip Ruak School.

Last but not least. I'd like to thank Ms. Teruko Saito and Mr. Ian Melrose for helping IQRS through charity and funding.

Sincerely,
Head of International Quesadhip Ruak School


Natalia de Vasconcelos, M.A.

School Calendar (Visit : www.iqrs.world).



The International Quesadhip Ruak School

At IQRS, students will learn to be future leaders that carry these characteristics: wisdom, knowledge,...

iqrs.world

Inauguration of International Quesadhip Ruak School (IQRS), 6th January 2024 :



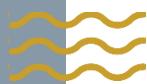
Youtube Link: <https://www.youtube.com/watch?v=2Gnjj7upOCw>

Speech by students' parents: Mr. Cipriano Sebastiao Soares.



Youtube Link: <https://www.youtube.com/watch?v=bFBzjtvA1FM&t=8s>

GREETING From Founder



H.E. TAUR MATAN RUAK

Founder of IQRS

The former President of Republic Democratic of Timor Leste, Ex - General Taur Matan Ruak, In the Inauguration Inaugural of International Quesadhip Ruak School at Mascarenhas, Dili, Timor Leste, on January 06, 2024.

Education is important, education is not just the responsibility of a government. Education is the responsibility of society as a whole, including civil society, parents and families. The future development of a nation depends on investment in education. "Education moves the world; it transforms the world and the lives of people.

I am grateful at this moment. This is a happy moment for all of us. As the founder of Centre Quesadhip Ruak (CQR), it is a privilege and a joy to share this momentum with all of you. This school is for the parents, the teachers and the Foundation; this space will allow our children to learn. They are our children, so let us accept that they are also your sons and daughters. This room will prepare their skills. Once they have the skills, they will help their families, especially in the future. Therefore, it is our responsibility to take care of our children.



GREETING

From Founder

H.E. TAUR MATAN RUAK

Founder of IQRS

It is not just about the importance of the investment we make, but more importantly the outcome of the investment. When your children finish school, will there be a president or do you expect there to be a president? There will be a member of parliament or a ministry, an engineer or a doctor.

"Learn to be a man of honour, responsibility and discipline. The future of the people who build our nation lies with those who are here and those who have gone in the past." Hence, work symbolises great dynamism. Therefore, teachers and administrators must manage it well, with love and compassion.

The construction of this school and site was known only to the late Mrs. Isabel da Costa Ferreira, who was in hospital at the time. I was aware of this only one month before her death. On one occasion, some staff came to my place on Saturdays and Sundays. I asked them where they were going, and they informed me that they were building the school. I asked them where the school was, and they replied that it was in Mascarenhas. One day, I visited the site to ascertain whether any families were still residing there. I spoke with them for a brief period. A month later, she passed away. Upon her demise, I considered the possibility of closing the school. However, I reconsidered this decision after reflecting on her condition during her illness and my own relative good health.

I was uncertain about the responsibility for the children's care. Mrs. Isabel was a caring individual, frequently stating, "Your children, your children, you children." She was orphaned at an early age, having lost her father when she was still a year old. This experience instilled in me a sense of responsibility to care for her. I am therefore grateful to Mrs. Isabel for her guidance and support. We will work collectively to develop this school further. However, this endeavour is not solely the result of Mrs. Isabel's efforts; it also represents the collective contributions of numerous other individuals and entities, including members of the Jape family, the Embassy of Japan, the Embassy of Korea, the Embassy of China, the Australian Embassy, and Golgotha Mall. These parties have provided invaluable assistance in the establishment of this edifice.

Speech by students' parents: Mr. Cipriano Sebastiao Soares.

My Respect the Former President of Timor-Leste, General Taur Matan Ruak, My respect to the Director of GALA Education, the Director of the Quesadhip Ruak Center, the Director of Kindergarten, and also the Director of Primary School, Teacher Advisors, all parents, and all esteemed guests, as well as the dear graduates.

Good morning,
How are you today?
Please clap your hands!
Thank you.

Today is a special day for all of us, as parents feel happiness and pride in the success of their children. Today, we are able to celebrate the first graduation—graduation for the year from TK (Kindergarten or Preschool) at the International Quesadhip Ruak School.

Dear children, today marks the end of one journey and also the beginning of a long path ahead that you will overcome. We remember the first day we brought you to school to learn, and today, you all stand here ready to take the next steps forward.

Your happiness, playfulness, and laughter together, combined with your strong spirit to learn, give immense pride to us—your parents and all your teachers. We sincerely thank and deeply appreciate your dedication. You are not just educators but also mentors and caretakers filled with love.

Your success shows how you have been guided to shape your mindset—how to read, write, and count, behave well, and increase your self-confidence.

To the school and all the staff: thank you for preparing and creating a safe and peaceful environment where the children can learn and play together.

As parents, today our hearts are filled with many emotions and immense pride in the success of our children. Above all, we hold a great hope for the bright future of our children.

Dear children, we are so proud of you. Remember, this is just the beginning of a long journey filled with many challenges that you will face. Continue to be strong, stay courageous, and never stop studying, studying, and studying.

Congratulations on your graduation. Today, we parents celebrate together with you, filled with love.

ONLY EDUCATION CAN FREE US FROM POVERTY
ONLY EDUCATION CAN LIBERATE US FROM POVERTY AND HARDSHIP
Thank you.



Brief of Patron (Patrona) of International Quesadhip Ruak School



Youtube Link: https://www.youtube.com/watch?v=_B3fTK_JuOE&t=11s

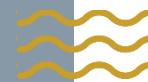
Invited to participate as a Keynote Speaker in several Seminars and International Conferences, in Australia, China, Korea, Fiji, Indonesia, Malaysia, Portugal and Timor-Leste, specifically, the Conference on the National Council of Timorese Resistance, on Human Rights violations in Timor-Leste, which took place in Melbourne/Australia (April/1999); Participation in the Commission for Human Rights, in Geneva/Switzerland (April 1999), the involvement focused on Human Rights violations under the Indonesian occupation; National Council of Timorese Resistance Conference, regarding the post Referendum situation, in Darwin/Australia (October 1999); International Conference on Missing Persons, in Jakarta/Indonesia (2001), the involvement focused on this question and also about the situation of Human Rights in Timor-Leste; Invited to the International Conference at the Federalism Institute, in Switzerland, the involvement focused on the "Role of the United Nations and its Agencies in a post-conflict country" (August 2002) and, International Conference on Border Management in Thailand (2010).

Dr Isabel da Costa Ferreira is married to former President of the Republic Taur Matan Ruak since May 2001. They have two daughters, Lola and Tamarisa, and a son, Quesadhip.

Isabel Ferreira speaks three languages, Tetum, Portuguese and Malay-Indonesian.

12th October 2015

GREETING From Founder



H.E. TAUR MATAN RUAK

Founder of IQRS



A local proverb aptly captures the spirit of this endeavour: "Blok ba blok, tijoru ba tijoru ita sei hari Uma ida." It is my hope that the teachers, administrators, and the families and parents of the students will work together to achieve one goal: the success of this school. The success of this school is of great importance to us all, as it will affect the future of our children. I would like to thank the families who have brought their children to this school for their contributions to the school's success.

The school initially accepted one hundred kindergarten students, some of whom were awaiting admission and required transportation to the educational facility. This is a positive indicator. The objective is to motivate and inspire individuals to make more informed decisions regarding their future. It is the collective responsibility of the school community to ensure that this institution is not merely a vision, but a tangible reality. Some have posited that the future begins today, particularly for our younger generation and their future prospects. We will support them for the next 20 to 30 years. In addition to selling vegetables on the streets, the parents have also provided space for their children. This is the mission of the parents, teachers, managers, foundation, and society. It is our hope that within three to five years, the school will evolve and provide learning opportunities for children.



www.iqrs.world

VISSION & MISSION

VISSION

To be a beacon of excellence in education, nurturing "**Golden People**" who are knowledgeable, technologically fluent, and driven by faith and compassion to contribute to a brighter world.

MISSION

Our goal is to make learning a pleasure and to enable our students to become "**Golden People**." These Golden People will be:

Knowledgeable: Capable of critical thought, problem-solving, and a thorough understanding of the fundamental academic subjects.

Technologically Fluent: Skilled in using technology to foster creativity, teamwork, and learning.

Motivated by Faith and Compassion: Directed by moral values, compassion, and a wish to have a good impact on the world.

We want to be an inspiration of excellence, encouraging these attributes in our students and motivating them to light the way for a better future for everybody through outstanding education.



Brief of Patron (Patrona) of International Quesadhip Ruak School

Name: Isabel da Costa Ferreira
 Data of Birth: 15th of April, 1974
 Place of Birth: Same, Manufahi district, Timor Leste

Isabel da Costa Ferreira, daughter of Mateus Ferreira and Ana Flora de Jesus Ferreira, was born in Same, Manufahi district.

The second youngest of thirteen siblings, she started primary school in 1980 and completed secondary schooling (SMA I) in 1993. In 1998 completed her degree in Law from the National University of Denpasar, Bali, Indonesia.

Isabel da Costa Ferreira started her professional career always very much linked to issues of human rights and actively denounced violations committed during the period of Indonesian military occupation. For this reason, in 1998 and 1999, she worked as the General Coordinator of the NGO "Kontras Timor-Timur" and Director of the Commission of Human Rights Timor-Loro Sa'e (CDHTL), in 1999-2001.

In 2001, she was elected a Member of the Constituent Assembly, by UDT, dedicating herself, in particular, to the drafting of the articles of the RDTL Constitution, relating to human rights.

In the period of the United Nations Transitional Administration and after the Restoration of Independence, Isabel Ferreira was responsible for diverse posts in humanitarian, political and human rights, in particular, as Vice President of Red Cross Timor-Leste (CVTL), from 2002 to 2005, Human Rights Advisor to the Prime Minister from 2001 to 2006, Deputy Minister of Justice, in 2006 and Member of the Commission of Truth and Friendship (CTF) from 2005 to 2008.

After the completion of the works of CTF, Isabel Ferreira has been responsible for several areas within the State apparatus, particularly: President of Secretariat of Support to the Promotion Commission of the PNTL, from 2009 to 2010; Chairperson of the Commission for the Monitoring Process of Promotions in the PNTL, from 2010 to 2012; Commissioner of the Public Service Commission, from 2011 until 2014; and Legal Adviser to the Secretary of State for Security, from 2009 to 2015; First Lady of Timor-Leste, Isabel Ferreira, between 20th May 2012 and 20th May 2017; Legal Adviser to the Minister of Interior, from February 2015 to June 2015; and currently she is Children Advocate and Advisor to the Minister of Education & Children Advocate, from September 2015 till current date.

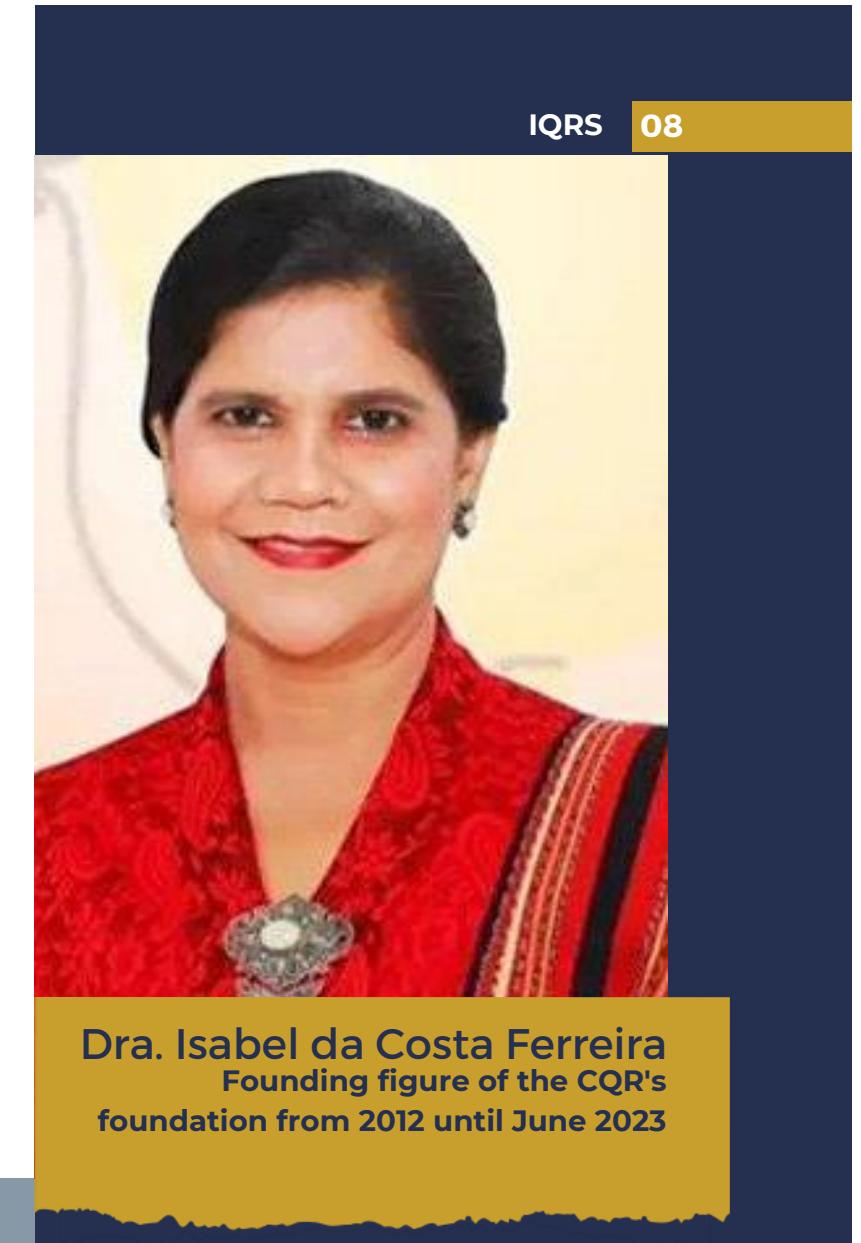
Isabel Ferreira gained further diverse organizational and institutional experience, by taking on the following posts: Taskforce Coordinator for the elaboration of the pertinent law on the Provedor for Human Rights and Justice and of the related activities to its establishment (2001-2005); Taskforce Coordinator for the Human Rights National Action Plan, (2003-2006); Taskforce Member for the elaboration of the law for Former Combatants (2004-2005); Taskforce Member for the establishment of the Missing Persons Commission (2005); Member of the Permanent Group for the Government and the Church (2005); Member of the National Commission of the Rights of Children, (2005-2006); Member of the High Council of the Judiciary, (2006-2011); Coordinator of the Commission to establish the Border Management Committee, (2009-2010); Coordinator of the Negotiating Commission of the Supplementary Agreement of the PNTL (2009-2010); Security Sector Reform Committee Member, (2009- 2010).

Speech by Director of Kindergarten, Ms. Sonia Henriques do Espírito Santo



Youtube Link: <https://www.youtube.com/watch?v=nJU-Z1RHNIO&t=154s>

SCHOOL HISTORY



Dra. Isabel da Costa Ferreira
Founding figure of the CQR's foundation from 2012 until June 2023

The International Quesadhip Ruak School (IQRS) is legally established under the foundation of the Centre Quesadhip Ruak (CQR), which allows the opening of the school, as defined in the foundational article 3 (a), which states: "The CQR foundation refers to the purpose of forming human resources in the area of formal education, starting from kindergarten, elementary, primary, secondary and the University of cooperation between national and international organisations." The area of formal education within the education network in Timor-Leste and other countries.

Dra. Isabel da Costa Ferreira (deceased) was the founding figure of the CQR's foundation from 2012 until June 2023. She was succeeded by former General Taur Matan Ruak, a prominent figure in the country's history and a driving force behind the foundation's mission to ensure quality education for the next generation of Timorese. Taur Matan Ruak assumed the role of President and founder of the CQR foundation on 20 October 2023.

SCHOOL PHILOSOPHY

International Quesadhip Ruak School adopts the RUAK education system as its core value. RUAK stands for Righteousness, Unity in Diversity, Analytical and Problem Solving, and Knowledge. These values are taught to students as provisions to achieve the school's philosophy that is centered on God, Family, and Nation.

The philosophy from our School Patron, Dra. Isabel Da Costa Ferreira, is: 'Deus, Familia, Nasaun' (God, Family, Nation). Her greatest hope for our students upon completing their journey at IQRS is that they become individuals who maintain their faith in the Creator of heaven and earth, and who can serve their nation, their families, and become exemplary sons and daughters, both within their homes and their country. This vision aligns beautifully with the Montessori philosophy, which emphasizes self-directed learning and fosters a deep sense of curiosity and exploration. By nurturing independent learners, the Montessori approach empowers students to become not only contributing members of society but also individuals who continue to explore and learn throughout their lives, embodying Dra. Ferreira's vision of lifelong growth.

Maria Montessori's philosophy centers around the idea that children have an innate desire to learn and should be allowed to explore their surroundings and discover new things at their own pace. This approach emphasizes self-directed learning, hands-on activities, and a prepared environment that encourages exploration and discovery.

In a Montessori classroom, children are given the freedom to choose their own activities and work at their own pace. The teacher's role is to observe the children, provide guidance when needed, and prepare the learning environment with materials that are designed to help children learn through exploration and discovery.



Dra. Isabel da Costa Ferreira

Founding figure of the CQR's foundation from 2012 until June 2023

This approach can help students to grow in a number of ways. First, it encourages them to become independent learners and to take responsibility for their own learning. Second, it helps them to develop a love of learning and a sense of curiosity about the world around them. Third, it allows them to learn at their own pace and in their own way, which can be especially beneficial for students who learn differently.

Finally, the Montessori approach emphasizes the importance of social and emotional development. In a Montessori classroom, children learn to work together, to respect others, and to resolve conflicts peacefully. This can help them to develop the social and emotional skills they need to be successful in school and in life.

Speech by Director of Kindergarten, Ms. Sonia Henriques do Espírito Santo

The school's founder has always been dedicated to providing accessible education for everyone, as it is through education that we can elevate our children from poverty. This theme reflects our core belief: education is essential. It serves as a key to opening opportunities, improving lives, and fostering transformation opportunities for our children and their future.

Education is not only about knowledge but also about building character, skills, and wisdom. This philosophy is reflected in the school's guiding principle: Knowledge, Character, Skill & Wisdom. Education is a tool that empowers our children, and it requires the collective effort of everyone—teachers, parents, and supporters—to help our children make the most of their opportunities. Today, we celebrate the fruits of our collective efforts as we witness the promising future ahead of us.

To conclude, we would like to express our deepest gratitude to the school founders and all our national and international partners.

We thank you the parents for trusting us to educate their children, with IQRS teachers, we appreciate for your dedication and love in working and collaborating with us. Today, we share this joy with all the children and look forward to strengthening our cooperation and collaboration in the future.

We thank our graduates, for their enthusiasm in their learning together at IQRS. They have not only learned how to write and count but have also learned how to build new friendships, adapt to new environments, and help one another.

To all the teachers, thank you for your dedication and patience in guiding the students throughout this period.

Finally, congratulations to all our graduates! We wish you the best on your new journey.

May God bless all of us.
Thank you very much.

Speech by Director of Kindergarten, Ms. Sonia Henriques do Espírito Santo

My respect, to the President Founding of Centro Quesadhip Ruak and Founder of International Quesadhip Ruak School (IQRS), as well as the former President of RDTL from 2012 to 2017. His Excellency General Taur Matan Ruak.

My respect to the Chief of the Office for Evaluation, Licensing, and Accreditation, Mr. Antonio Maia.

My respect to all the Ambassadors and their representatives present here today.
My respect, to all the partners and donors of the Centro Quesadhip Ruak Foundation,
My respect to all the guests who have marked the presence on this important day,
I also express my respect to the Head of IQRS, Ms. Natalia de Vasconcelos, and to the entire structure of IQRS.

Dear Parents and our beloved graduates,
Good morning to all of us.

First of all, we thank God Almighty for the grace that has been given to us, so that we can be together here with joy to celebrate this special day in the graduation ceremony of our children at the International Quesadhip Ruak School.

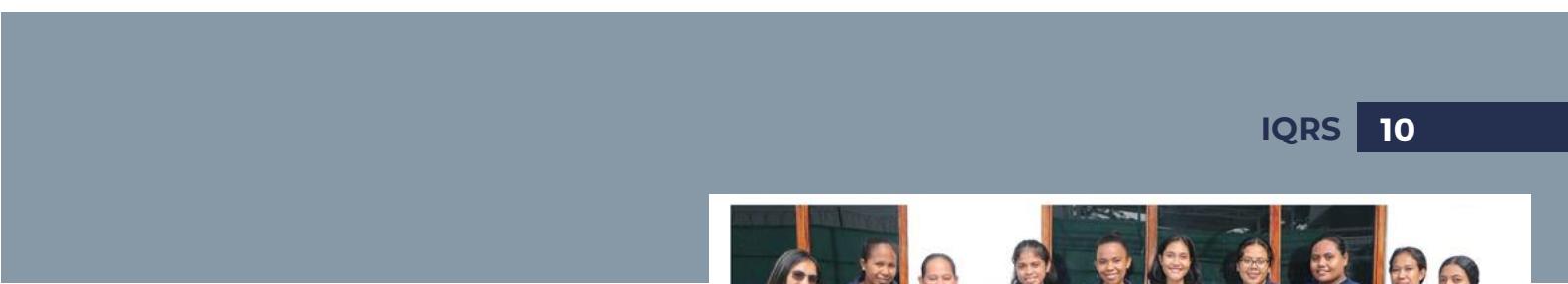
In 2024, the students in IQRS total of 118 students, composed of 59 in Kindergarten and 59 in Primary School, supported by 21 dedicated teachers, including 3 new instructors who are currently undergoing training for the next year.

Currently, we are also accepting new students for the academic year 2025: from December 4, 2024, we have already registered 105 students, composed 55 in Kindergarten and 50 in Primary School.

At IQRS, we utilize the Montessori Curriculum to complete Ruak Education System. Starting in 2025, we will implement face-to-face training sessions for teachers and provide orientation for parents, with the main objective of encouraging joint support for the students at home and school. This initiative will be conducted in collaboration with Montessori Jakarta, Indonesia.

Today's graduation marks a significant for the International Quesadhip Ruak School, it is the first cohort to graduate since the school commenced its learning journey in January 2024.
Today's graduating class comes from Kindergarten 2 (KG2). It totals 29 students, 13 of whom are girls and 16 of whom are boys.

The theme for the 2024 graduation ceremony is: "ONLY EDUCATION CAN FREE US FROM POVERTY." This powerful statement was inspired by Dr. Isabel Ferreira, whom we honor as the patron of this school. She initiated the extra school at Centro Quesadhip Ruak (CQR) foundation which eventually developed into a formal education institution.



SCHOOL DEMOGRAPHIC

Teacher & Staffs

IQRS employs a qualified, competent, and highly motivated workforce (teachers and staff) in their respective teaching fields. Furthermore, IQRS operates autonomously in its education, enabling the dynamic development of curriculum, learning processes, and superior fields of study, including languages (Japanese, Korean, English, Mandarin, and Portuguese), in response to national and global changes.

Furthermore, IQRS adheres to the principle of inclusivity; by educating students from diverse backgrounds to foster a multicultural environment.

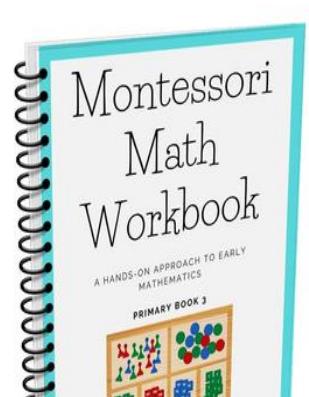
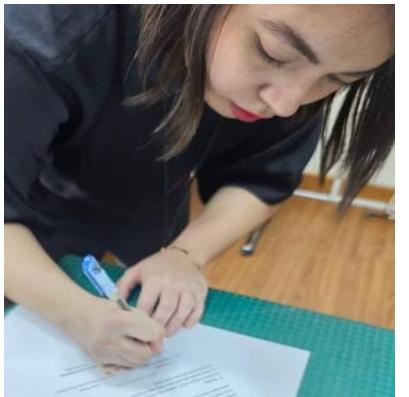


Students

Our students come from various backgrounds. We welcome those from humble backgrounds with open arms. They should receive a proper education for a better life.



ACADEMIC HIGHLIGHT



MEMORANDUM OF UNDERSTANDING WITH MONTESSORI EDUCATION

Ms. Natalia de Vasconcelos, Head of IQRS, formalized a collaborative agreement with Ms. Ursula Rebecca. This agreement advances IQRS's legal integration of the Montessori Curriculum into its educational framework. Additionally, it includes provisions for comprehensive teacher training and informational sessions for parents, aimed at equipping all stakeholders to more effectively support and monitor students' progress, both in school and at home. The training schedule will be initiated shortly.

OCTOBER 30, 2024

Speech by Representative of Minister of Education, from Chefe Gabinete Avaliação, Licenciamento e Acreditação, H.E. Antônio Maia.



Youtube Link: <https://www.youtube.com/watch?v=LAyPhD-6zeQ>

I would like to take this opportunity to express my heartfelt gratitude to all the relatives, parents, families, and educators who have dedicated themselves to supporting, commitment, and sacrifice to educate and form seeds for the future of the country and the world, today you have the results, congratulations to you all on this achievement.

On behalf of the Ministry of Education, I want to emphasize that, as outlined in the Constitution of the Democratic Republic of Timor-Leste and the Convention on the Rights of the Child, every individual, especially children, has the right to access quality education and training. To uphold this principle, the Ministry of Education, through the Licensing and Accreditation Evaluation Office (GALA), is committed to implementing a rigorous evaluation system to ensure the quality of education in Timor-Leste. We also aim to guarantee that schools provide safe and healthy environments for children, ensuring that they do not lose the rights enshrined in our Constitution of the Democratic Republic of Timor-Leste and all conventions.

Once again, congratulations to the graduates of the International Quesadhip Ruak School. Remember, THE FUTURE BELONGS TO YOU. GO FOR IT! CELEBRATE AND MAKE LEARNING AN EXTRAORDINARY ADVENTURE.

Thank you!

Speech by Representative of Minister of Education, from Chefe Gabinete Avaliação, Licenciamento e Acreditação, H.E. António Maia.

To all relatives, graduates, especially parents, and the former President of the Democratic Republic of Timor-Leste (2012–2017), His Excellency General Taur Matan Ruak, who is present on this occasion.

We are deeply grateful to our grandfather, Avo Taur Matan Ruak, for his dedication. Because of his efforts, we have freedom today, and he continues to contribute to the development of this country, especially in the education sector. Thank you.

Dear graduates today it is a great privilege and a great honor to be able to stand here as a representative of the Ministry of Education and at the same time as the coordinator of the Licensing and Accreditation Evaluation Office. To celebrate this achievement and memorable moment, for all who graduated today you have achieved and conquered a significant stage in the journey of life Education and you also pay with the results of all the sacrifices you make in your study life such as sacrificing your leisure time to study do a lot of homework, various exercises that teachers offer, get up early even if sleepy and others, today you pay all this result you must be proud of yourself and shout of WE ARE THE CHAMPION congratulations to you all, we are all here proud of your success.

Dear graduates, while today you start a new journey always be aware that studying has no borders in life so do not be lazy to study and always strive to study hard because education is the key to the future, as mentioned today you should be proud of your success but, don't be so proud that you forget to study, what you have achieved today is a first step in the journey of study, there will be many obstacles ahead in the future and still consider study is the key to overcome all challenges. And also to add that education is the key that will open the way to visiting new places, studying new things, inventing new products, and creating innovations, but all this will be achieved through adequate education. That is why I encourage you to continue studying, learning, and growing.

If you are not, who is qualified to lead this nation into the future? The future of Timor-Leste is in your hands. Today, you are moving forward, one step at a time, and with that progress comes great responsibility. You are the ones who will determine the destiny of this nation. Never abandon this responsibility. Instead, strive to be agents of transformation, capable of creating a better and more prosperous Timor-Leste. I believe in your ability to do so, and I trust that you will rise to the challenge.

Timor-Leste faces various social challenges, such as poverty, conflict, littering, and a lack of moral values. These issues are caused by multiple factors, such as a lack of strong character development. This is why preschool education is essential in addressing these challenges in the long term. Preschool plays a critical role in shaping individuals to be responsible and civilized. It teaches that conflict is not part of our culture, that littering is unacceptable, and that morality is a strength. I firmly believe that through your education, you can guide society onto the right path and help transform it for the better.

ACADEMIC HIGHLIGHT

PARENTS MEETING May 4th, 2024

The Head of IQRS, Natalia de Vasconcelos, with all Teacher and staff met Parents of IQRS students [International Quesadhip Ruak School-IQRS](#).

The principal objective of the meeting shared with Parents was about the main program such as: Vision, Mission, Objective, Founders, Licensing and Accreditation, Curriculum Adopted, Academic Achievement Record (AAR) and concept design (new building), General Regulation and Calender of QRS.

The meeting was going well. All the appreciation, advices and ideas from Parents completed the agenda, such as mentioned above.

This showed that parents and the school have the same responsibility in assisting students while they are studying. At the same time, parents also thanked the teachers for the development and changes their children have.

There were 115 participants at the meeting, including parents and all staff. The meeting went smoothly according to the existing plans. All parties felt happy at this beautiful moment because all information conveyed by the school received very good appreciation.



ACADEMIC HIGHLIGHT



MEETING WITH MINISTER OF EDUCATION OF TIMOR LESTE IN DILI

Head of IQRS, Natalia de Vasconcelos, accompanied by advisor of IQRS Penino dos Reis participated in the meeting "Disclosure of Implementation of Procedures, Standards and Criteria for Licensing of Educational Establishments and Teaching", organized by the Ministry of Education, Office of Evaluation of Licensing and Accreditation, on September 17, 2024, Ministry of Education conference room, Dili. This meeting was attended by national & municipal educational entities and international school entities especially in Dili.

SEPTEMBER 17, 2024

Speech by founding president of Centro Quesadhip Ruak, (founder of IQRS), and Former President of the RDTL, Period 2012 – 2017, H.E. General Taur Matan Ruak.



Youtube Link: <https://www.youtube.com/watch?v=2vaOFVJ5FKg&t=8s>

I take this opportunity to ask the teachers to use this philosophy as well. In addition, I asked the teachers to continue to familiarize the children with the practice of reading, writing, listening and speaking as it has been done so far. As a result, I saw that the children's pronunciation was very good. Please improve this even more. I would like to take this opportunity to thank all the school structures starting with the Head of IQRS, Natalia de Vasconcelos and all the existing structures.

The investment in education that we make today, we will reap in 20 years because education is lifelong learning. I didn't have the opportunity to learn, that's why our children should have a good place to learn. School is a second home for children to learn. The first home is where they live but the second home is the second place of learning for children.

Speech by founding president of Centro Quesadhip Ruak, (founder of IQRS), and Former President of the RDTL, Period 2012 – 2017, H.E. General Taur Matan Ruak.

We see that when the children first started school they looked very uncomfortable, they felt confused about meeting new friends and teachers at school. But now we see that they have experienced a significant change, they feel free, they have changed compared to when they first came to school. That's why we congratulate our children. We ask them to continue to study and learn to be clever. As the Minister of Education, Mr Antonio Maia, said, "Education opens up opportunities for our children. It changes the lives of children, families and countries. Therefore, we will continue to provide good support so that they learn to be better in the years to come.

I would also like to thank the parents who have chosen Quesadhip Ruak School for their children. This is not an easy choice for parents, especially since there are already many schools in the city of Dili. However, with the existing school development, we will do our best to meet the expectations of the parents and not to waste their hopes and trust in the school. Therefore, I would like to thank all the parents who, together with the teachers, have helped their children. It is not easy to teach children, and it is not easy to leave them with the teachers all day. But all because of the excellent cooperation between teachers and parents, we can finally see the results today, the children are standing in front of us. I was so happy to see the children giving speeches in 4 languages: English, Portuguese, Mandarin, Japanese and Korean because they already use Tetun in their daily communication. Next year the teachers will add Indonesian. Mr. Antonio Maia also said that Portuguese and Tetun are required by law in our country. That is why we give priority to these two languages.

This school, myself and all the teachers, we all think that one of the main priorities is the formation of good character, as Mr Antonio Maia also said. We want them to have good character, maximum character building from childhood to the age of 6. This is our golden time to prepare them, to shape their character so that they have good habits. They learn to put the rubbish in the right place, they learn to greet their parents, they learn to gather with the family to pray together, to sing together, good habits when they start to build relationships with others. The second priority is that they have knowledge, master technology and so on, because knowledge is one of the best tools for international trade today. Because we are not just investing in oil or gold and silver.

I would also like to mention again that this school was started by the late Isabel da Costa Ferreira when she was still in hospital. After her death, I thought of closing it, but the team that was with her cried and asked to continue. In the end, I agreed to open the school. In Dr Isabel's life she had a philosophy that was: DEUS, FAMILIA, PATRIA (God, Family, Country). When we were still in debt and fighting for the independence of Timor-Leste, our fisiolosi was first God, second country, so we ignored the family, but now it is not first God, second family and third country.



HUMAN RESOURCE DEVELOPMENT

IQRS Staff special Teachers all took part in the workshop activity; "CHILD PROTECTION WORKSHOP : COMMON CAUSES OF CHILD INJURIES AT SCHOOL (INTERNATIONAL QUESADHIP RUAK SCHOOL)". Together with Dr. João Teodosio Amaral, Med-Oncologist, as the facilitator in the workshop, which was also accompanied by "Head of IQRS, Natalia de Vasconcelos".

The main objective of this workshop is to provide knowledge to IQRS staff especially teachers who have been working closely with students from both Kindergarten and Elementary School at International Quesaship Ruak School (IQRS).

FIRST AID TRAINING : COMMON CAUSES OF CHILD INJURIES AT SCHOOL

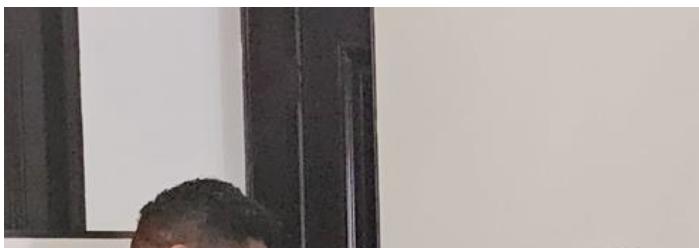
This workshop is the first stage and the next stage will be put into practice, for example how to attend students who suddenly have health problems such as severe coughing, eating but vomiting again, injuries to the body that cause heavy bleeding, and simple health problems others that we do not expect to happen during students follow the learning process in school.

The workshop was organized by ADRH Foundation which has also supported IQRS on training for teachers including TOEFL test.



HUMAN RESOURCE DEVELOPMENT

**FIRST AID TRAINING :
COMMON CAUSES OF CHILD
INJURIES AT SCHOOL**



APPENDICES

1. Speech by founding president of Centro Quesadhip Ruak, (founder of IQRS), and Former President of the RDTL, Period 2012 – 2017, H.E. General Taur Matan Ruak.
2. Speech by Representative of Minister of Education, from Chefe Gabinete Avaliação, Licenciamento e Acreditação, H.E. Antonio Maia.
3. Speech by Director of Kindergarten, Ms. Sonia Henriques do Espírito Santo.
4. Brief of Patron (Patrona) of International Quesadhip Ruak School
5. Speech by students' parents, Mr. Cipriano Sebastiao Soares.
6. School Calendar (Visit : www.iqrs.world).



2024 YEARBOOK

INTERNATIONAL QUESADHIP
RUAK SCHOOL

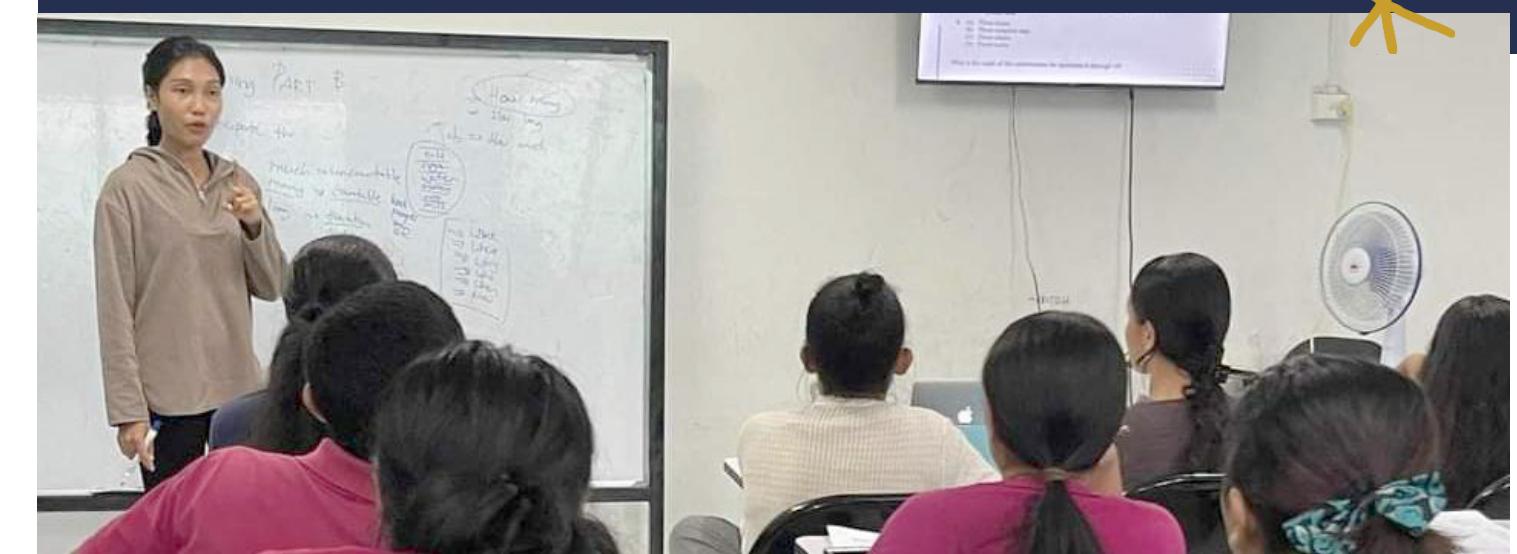
HUMAN RESOURCE DEVELOPMENT

ENGLISH FOR TEACHERS



All staff and teachers of [International Quesadhip Ruak School-IQRS](#) attended the "[English Academic for Purposes: English for Teachers](#)" class and the TOEFL Preparation Class with Ms. Astrita Kartika.

This program is free for teachers to help them increasing their ability regarding their responsibilities as teachers. This program is organized by [ADRH Foundation](#) as the official TOEFL Test Center during May and June 2024.



HUMAN RESOURCE DEVELOPMENT



INTERNATIONAL TOEFL ITP TEST IN DILI

INTERNATIONAL TOEFL ITP TEST, DILI 26-06-2024

IQRS teachers take the TOEFL ITP test after they complete the course within a month. The goal is to meet the criteria of IQRS which we call the term GOLDEN TEACHERS.

The TOEFL ITP test was organised by ADRH Foundation [ADRH Foundation](#) on June 26, 2024.

JUNE 26, 2024

RUAK TOUR FOR TEACHERS



On December 2024, all teachers and staff of International Quesadhip Ruak School are visiting Atauro Island.

The purpose of this activity is to refresh teachers' mind, becoming more resilient, and grow compassion towards each other.



FIRST GRADUATION CEREMONY

FIRST GRADUATION CEREMONY, CLASS OF 2024
Kindergarten 2 (KG2)
International Quesadhip Ruak School (IQRS)

Theme: Only Education Can Free Us From Poverty.
Congratulations to all our beloved graduates.



HUMAN RESOURCE DEVELOPMENT



INTERNATIONAL TOEFL ITP TEST IN DILI

INTERNATIONAL TOEFL ITP TEST, DILI 26-06-2024

IQRS teachers take the TOEFL ITP test after they complete the course within a month. The goal is to meet the criteria of IQRS which we call the term GOLDEN TEACHERS.

They have received the certificate with satisfying score to be Golden Teachers.

JUNE 26, 2024

HUMAN RESOURCE DEVELOPMENT

WORKSHOP FOR TEACHERS

Head of IQRS, Natalia de Vasconcelos, participates in the "Global Peace Conference", organized by the TPRF Foundation, on 14 July 2024, Kuala Lumpur. In 2015, a seminar on Peace was held in Dili and may continue again.



ENRICHMENT PROGRAM

Prof. Ikhfan Haris, Education and Culture Attaché / Indonesian-PBI Cultural Center in Timor-Leste together with the Head of International Quesadhip Ruak School-IQRS, Natalia de Vasconcelos launched the "STORY TELLING (storytelling, singing & games)" event at IQRS today.

This is the first PBI program at IQRS. Indubitably, will continue in the future with various existing programs.



**STORY TELLING
PROGRAM FROM PUSAT
BUDAYA INDONESIA (PBI)**
DILI, 03-27-2024.

INTERNATIONAL CHILDREN'S DAY



YOU ARE OUR TOMORROW, YOU ARE
OUR HOPE. YOU HAVE THE POTENTIAL
TO BRING A CHANGE IN THIS WORLD.
WISHING A VERY HAPPY CHILDREN'S DAY
TO KIDS WHO ARE STARS OF
TOMORROW.
DILI, 01 JUNE 2024

INTERNATIONAL VISITORS

JAPAN

On June 26, 2024, Mr. Nakamura visited IQRS (International Quesadhip Ruak School).

During which Mr. Nakamura teaches students about; Science, History Telling, Singing. We also distribute gifts to students including books.



The purpose of giving books is to help students learn to read a lot. Because by reading a lot students can discover the wealth of various knowledge from other countries.

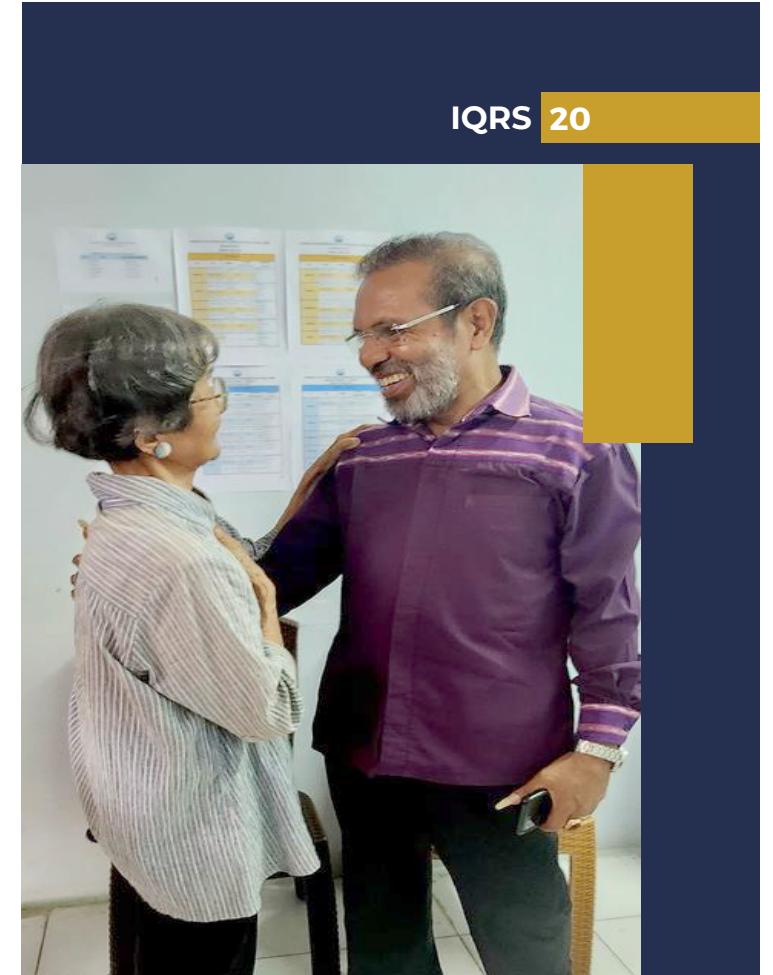
Mr. Nakamura also asked teachers to help students in reading a lot. We also ask students to go home to learn to read with their parents or siblings. This way students do not feel lonely and do not get tired of reading a lot.



SCHOOL PARTNERSHIP & CHARITY

Mrs. Teruko is so excited when she meets H.E Mr. Taur Matan Ruak and remembering his beloved wife, Madam Isabel da Costa Ferreira. Mrs. Teruko commits to helping children with her talent and ability.

She is very grateful for her vision to build school because of Madam Isabel's idea is fulfilled. For appreciation, H.E. Mr. Taur Matan Ruak acknowledges that Mrs. Teruko is a part of IQRS's big family.



At 04/03/2024, His Excellency Mr. Taur Matan Ruak, Founder of International Quesadhip Ruak School (IQRS), convened with Mrs. Teruko from Japan at IQRS.



www.iqrs.world

H.E. Mr. Taur Matan Ruak and Mrs. Teruko visited the IQRS, observing the ongoing learning activities firsthand. The evident joy of students and teachers reflected the positive atmosphere during the visit. In addition, through her dream, Mrs. Teruko knew about Timor Leste.

According to her, she saw a world's map in her dream, and there was one person who told her to visit Timor Leste. Then, she tried hard to find a way to visit Timor Leste. When she is finally able to be in Timor Leste, she still goes back and forth to her home country. In 2018, she permanently stayed in Timor Leste.

INTERNATIONAL VISITORS INDONESIA



On May 2th, 2024, Ms. Astitra Kartika (Ms. Rita) visited the IQRS school.

Ms. Rita is an English teacher who will teach IQRS teachers with program known as English for Academic purposes: English for Teachers.



She will also supervise and provide certified TOEFL tests to IQRS teachers under ADRH Foundation [ADRH Foundation](http://www.adrh.academy) (www.adrh.academy).

The goal is to equip IQRS teachers with the standardized English Proficiency Level.



INTERNATIONAL VISITORS SINGAPORE



On May 03 2024, Dr. Toh Tai Chong as Research Affiliate under Tropical Marine Science Institute from the National University of Singapore visited the International Quesadhip Ruak School (IQRS).



Accompanied by Marcos Pinto. Dr. Chong met the Head of IQRS, Natalia de Vasconcelos and team with an objective to hear and see directly the teaching and learning process at IQRS.

Also, Mr. Chong thanked Ms. Natalia and the team who had received him very well. He was very happy to meet all the team and students.

